

SICA COLLEGE

Affiliated to DAVV, Indore & Recognized by Dept. of Higher Education, Govt. of MP





Reflections

April, 2022

FROM THE CHAIRPERSON'S DESK



"To strive, to seek, to find and not to yield"- Alfred Tennyson

Keeping pace with the rapid progress in information and technology, our SICA Schools and College are well geared up to enter the new age medium by going 'Digital'.

It gives me immense pleasure to announce that our institution is bringing out the first issue of its E-magazine. This initiative of going digital will allow our editorial board and teachers the flexibility to adopt advanced and innovative tools to stimulate our students and develop in them an interest and easy access to our valuable knowledge content.

Hearty congratulations to the Editorial Team on embarking upon this new venture. I wish them every success and am sure they will leverage all the new digital features to make the content rich and intuitive.

Today, SICA educational institutions boast of being one of the top leading Institutions of MP, and needless to say, this is only a beginning of our modernization roadmap.

Speaking about our SICA College, it is difficult to encapsulate in a few words the tremendous progress our College has made. In its short span of less than a decade, since its Inception in 2013, the college has created a niche for itself not only in academics, but also in sports and cultural activities.

Starting with academia, every year our students have made us proud with their achievements at the university level. Our students from Commerce, Science and Mass Communication have continuously made their place in the merit list of DAVV. Shravya Shrivastava of BAJMC and Astha Tenguria of BBA secured the first and second positions respectively in the merit list. Students from B.Sc. secured good All India ranks in IIT-JAM and NIMCET. Every year our students have excelled and were in the merit list of DAVV. I am sure that the winning streak will continue in future also.

On the sports front, the recent addition of the Cricket Academy by the college reiterates its constant strike towards raising the bar for promoting all round development. Our students have excelled in various sports. Recently, Ansh Verma, a student of B.Com. I year secured Bronze medal in Gymnastics. Ayush Anand of B.A. I year participated in State Cricket Tournament and received the Best Player award. Our students have also participated in Cricket and Volleyball National tournaments.

Our students have displayed their talent in various state level cultural events. Our students from BAJMC secured the first position in Skit Competition in Youth Festival and second position at District level competition. Aditya Sahu secured second position in Photography at District level competition and Mimansa Thakur secured first position in Clay Modelling at Youth Festival which is highly commendable.

SICA institutions exemplify the fact that the sky is not the limit in the pursuit of excellence. The aim of our institutions is to promote a system of integral education in a congenial student - friendly environment.

With the new developments and a renewed vision, SICA Management, the entire staff and faculty are poised to offer holistic learning and new opportunities for students to equip themselves to face the rapidly changing environment with a sense of responsibility.

Mrs. Padmini Khajanchi
Chairperson
SICA Educational Trust

"You have to go wholeheartedly into anything in order to achieve anything worth having."

- Frank Lloyd Wright

FROM THE MANAGING TRUSTEE'S DESK



"The highest education is that which does not merely give us information but makes our life in harmony with all existence." -Rabindranath Tagore

We at SICA Educational Trust always believe that education should be engaging. It must be a team work involving students, parents, teachers and the society.

SICA College has grown from strength to mark a height of enviable reputation in the educational fraternity. Armed with the core values of truth, integrity and compassion, our students shall explore the zeniths of creativity, through their dreams to fulfill them with patience, perseverance and principle.

The institution provides a high-quality liberal education to all of its students in order to prepare them to become successful leaders in an increasingly diverse and global society. Our dedicated faculty and staff are committed to innovative teaching, research, economic development, entrepreneurship and community engagement to create a more sustainable future for the college and beyond. High quality academic programs in Commerce, Management, Science, Journalism & Arts are all delivered in an inventive and inclusive learning environment.

May the achievements and the philosophy of our institution bring you pride of the past, a vision for the future, but most importantly, a motivation to achieve in the present.

Wishing all the students a meaningful experience in the collegiate life. Lastly, I wish Principal & Editorial Board for investing their time to bring this wonderful magazine.

Dr. Vijayalaxmi Iyengar

Managing Trustee

SICA Educational Trust

MESSAGE FROM THE ADVISOR



This is the time of the year when new school kids come to SICA College as their first step into adolescence. I welcome you all to this amazing phase in your life that you will miss later in life. Make great friends, study well and become wonderful adults.

You have to remember this old adage - "If wealth is lost, nothing is lost, If health is lost, something is lost, If character is lost, everything is lost".

Use your time in college to hone your skills and develop a kind and genuine character. Be good and do good. Let this be a beacon. I am sure the teachers who promote a

conducive and ethical learning environment will go great lengths to have the next generation of adults the best ever.

Wishing all the best to the students proving their mettle in exams and on the threshold of adulthood.

God Bless.

Mr. P. Babuji Advisor SICA College

MESSAGE FROM THE PRINCIPAL



It is indeed very heart-warming to see that the young students of today are creative, ambitious and upwardly mobile. Technological advancements have opened up a wide range of opportunities for the youth today.

It is my earnest appeal to students that the knowledge gained by them should be used in a positive manner to add vibrancy to the colours of the fabric of society and honour of this great country.

It is such a wonderful feeling to place your efforts in your hands in the form of E - Magazine REFLECTIONS.

As a college magazine, REFLECTIONS has everything; zest for life, humour and ethical sense. We treat this as a platform for free expression and welcome everyone with a word for us. The Team has put in its synergised efforts to piece together a wonderful memorabilia.

Enjoy the experience of sharing the most memorable years of your college life with your closed ones and never lose sight of your aim.

Dr. Taranjeet Sood

Principal

SICA College

SICA Archive

Bridge Course by Dept. Of Commerce















A 15 day lecture based Bridge Course was organised by the Department of Commerce, for the entrants of commerce and management courses at SICA College.

The Bridge Course on fundamentals of Accounting was organised for the students of B.com 1st year and BBA 1st year which enabled the students to understand the principles and practice of Accounting. The purpose of this module was to polish the knowledge of the basic concepts of Accounting. This 15 day lecture-based module was compiled by Prof. Vagmita Dubey, keeping in view the problems and difficulties that are faced by students of non-commerce background. The classes were taken by the faculties of the Department of Commerce.

Essay Writing Competition



An Essay Competition was organised by the Department of Arts on 13 November, 2021 to mark the Children's Day. The topics of the Essay Competition were "Aatmanirbhar Bharat" and "The Glorious History of India". It was organised with the aim of nurturing the writing skills of students.

Attended Literature Festival





Students of BAJMC and BA attended Indore Literature Festival on 27 November, 2021 at Gandhi Hall.

Case Study Workshop





A 7 Day Case Study workshop was organised from 27 November - 3 December, 2021 for the students of BBA & B.Com. II & III year.

Media House Visit







In order to give practical exposure to the print media field, the Department of Journalism and Mass Communication of SICA College organised an educational trip for students to Prabhat Kiran office. The main aim of the trip was to familiarise the journalists in making with the reality of their craft in print media. The students interacted with the Editor-in-Chief of Prabhat Kiran, Prakash Purohit.

Inter-College Sports









SICA College Girls' Basketball team and Boys' Volleyball team participated in Inter-College competition.

Red Ribbon Week



An Awareness program was organized under the banner of NSS on the occasion of Red Ribbon Week. Students participated enthusiastically in the event. Students made red ribbon symbol and took pledge to spread awareness for a healthy society.

Human Rights Day Celebration







On the occasion of International Human Rights Day Women Empowerment Committee and NSS Unit of SICA College Organized a seminar to make students aware of the importance and observance of Human Rights. The guest speaker was Advocate Pooja Bhogle.

Placement Drive



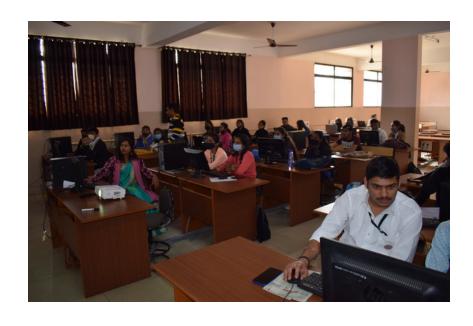


A placement drive was organized for the students of 2nd and 3rd year on 10 December, 2022.

Workshop on Basics of Computer







A 6 Day Workshop was organised on the Basics of Computer. The workshop covered MS Word, MS Excel and MS Power Point.

Workshop on Banking







Department of Commerce and Management organized a 7 day Banking Workshop from 28/12/2021 to 03/01/2022. This workshop was beneficial for the students who are planning to make their career in Banking Industry.

Central Museum Visit





Students of Arts and Science went for the Visit of Central Museum on 28th December 2021. The visit was informative and students showed keen interest and learned a lot through this visit.

Winners at Youth Festival













In Youth Festival 2021-22 our college won Skit Competion and stood second in Clay Modelling and Photography competition. Students also participated in Dance, Singing, Mime, Debate, Installation and Mimicry competition. The team members of the winning Skit team were Harshita Sharma, Udit Malviya, Siddharth Mairal, Deepak Maru, Rohan Bariya & Divyanshu Choudhary.

IIM Indore Visit







Students of BBA and B.Com. visited IIM, Indore on 3rd January, 2022. They interacted with faculties regarding competitive exams, leadership qualities and climate change. They were also given a tour of the campus.

Youth Day Celebration



National Youth Day was celebrated on 12th January, 2022. The students were enlightened about the relevance of Swami Vivekanand's principles in the present world. The students and faculty members took pledge on this occasion. The programme was attended enthusiastically by the students and faculty members of college.

Inter-School Sports



SICA Cricket Premier league and Inter-School Indoor Sports Competitions were held at SICA College in the month of January. In the Cricket Tournament, the winner was Vidya Vijay School that won a cash prize of 21,000 Rs. and a trophy. The runner up team was SICA School 54 and a cash prize of 11,000 Rs. and a trophy was awarded to them. The indoor competitions were held in Table Tennis, Chess, Carrom and Badminton.

Helped in Vaccination Campaign





The students of National Service Scheme of our college helped in the vaccination campaign of 15-18 years students on 21st January.

Books Distribution





The students of National Service Scheme of our college donated around 250 books of class 1st to 5th at the Government Primary School, Mayakhedi.

Republic Day Celebration







Vasant Panchami Celebration







Traffic Awareness Campaign













A 3 day Traffic Awareness Drive was organised by SICA College at Bombay Hospital Square and Radisson Square from 10th to 12th February. 70 students of SICA College participated in this three days event daily. This drive was organised by the NSS unit of the college. Students informed and urged people to follow traffic and road safety rules.

Sirpur Lake Visit







Launch of Cricket Academy







South Indian Cultural Association (SICA) has started SICA Cricket Academy. The inauguration of the Cricket Academy was done in an event on Friday by the Former Secretary of BCCI and Former Selector of Indian Cricket team Mr. Sanjay Jagdale. Mr. Sudhir Asnani who has done umpiring on international level was also present on this occasion. Mr Sanjay Jagdale shared some important Cricket tips with children.

Launch of Badminton Academy







SICA Badminton Academy under the aegis of South Indian Cultural Association (SICA) was inaugurated on 26th February 2022. The chief guest for this grand event was Mr. Prakash Dhakad and the guest of honour was Ms. Ruchita Shrivastav, both, reputed National Badminton players.

On this occasion, Mr. Prakash Dhakad shared some important tips and rules of Badminton game. He encouraged the initiative which has been taken by the Trust.

"Sports do not build your character. They reveal it."
- Heywood Broun

Annual Sports Meet

































Felicitation Ceremony



















A felicitation ceremony was organised in College Auditorium on 4th March, to laud the efforts of achievers in various sports competitions held at our College and of all the participants of Youth Festival. Mr. P. Babuji, Advisor, SICA College and Dr. (Mrs.) Taranjeet Sood Principal, SICA College applauded the efforts of the students by presenting them with trophies and certificates.

WINNERS OF SPORTS COMPETITIONS

SPORT

Cricket
Volleyball
Table Tennis (Boys)
Table Tennis (Girls)
Chess (Boys)
Chess (Girls)
Carrom (Boys)
Carrom (Girls)

WINNER

BBA
B.Com.
Akshat Gangrade (BBA)
Mahima Solanki (BBA)
Rajat Sharma (BA)
Shilpi Jawrekar (BBA)
Rohit Choudhary (B.Com.)
Nidhi sharma (BA JMC)

RUNNER-UP

B.Com.

BBA

Tanishq Patel (BBA)

Shubhi Sen (B.Com.)

Raj Bariya (BA JMC)

Pragya Sharma (BA JMC)

Prabodh Kale (B.Com.)

Shubhi Sen (B.Com.)

BBA Department was declared the overall Champion

Science Day Celebration







Students from SICA College, Indore went on a study tour to Jimmy McGilligan Centre for Sustainable Development on 28th February, 2022 to celebrate National Science Day.

Self Defence Training Workshop







The NSS wing and Women Empowerment Cell of SICA College Organized a 2 Day Self Defence Training Workshop for Girls. Taekwondo Gold Medalist Ms. Monika Dewda trained more than 180 girls from SICA College & SICA School.

Women's Day Celebration









On the occasion of International Women's Day, Women Empowerment Cell of SICA College organised Poetry Recitation and Poster Making Competition. The objective was to create an awareness about gender equality and celebrating the achievements of women.

Plantation Ceremony





The NSS wing of SICA College organized tree plantation ceremony on 14th March. Dr. Taranjeet Sood, Principal, SICA College and Dr. Sonalee Nargunde, HOD, School of Journalism & Mass Communication, DAVV planted trees along with faculties and students.

Nukkad Natak on Women Empowerment













NSS Committee and Dept. Of Journalism and Mass Communication organised a Nukkad Natak at 56 Dukaan, C21 Mall and Malhar Mall, Indore. Students of SICA College gave an outstanding performances in Nukkad Natak which was based on women empowerment. Pragya, Nidhi, Divya, Pooja, Aayushi, Soumya, Karandeep, Rohan, Rohit and Vikrant performend under the direction of Dr. Aparna Singh. On this occasion College Advisor Mr. P. Babuji, Principal Dr. Taranjeet Sood and faculty members of college were present. Students of NSS were present in good numbers.

Ansh Verma won in Gymnastics





Bronze Medal in National Level Competition

In the All India Gymnastics Men's Competition held at Guru Nanak Dev University, Amritsar, Ansh Verma, a student of B.Com. I Year of SICA College, Indore represented Devi Ahilya Vishwavidyalaya and got a bronze medal by securing third position in pommel horse.

Managing Trustee Dr. Vijayalaxmi Iyengar congratulated Ansh on his success and grand achievement. She spoke to Ansh about his training and education and motivated him to achieve greater heights in future.

"Never say never, because limits, like fears, are often just an illusion."

- Michael Jordan

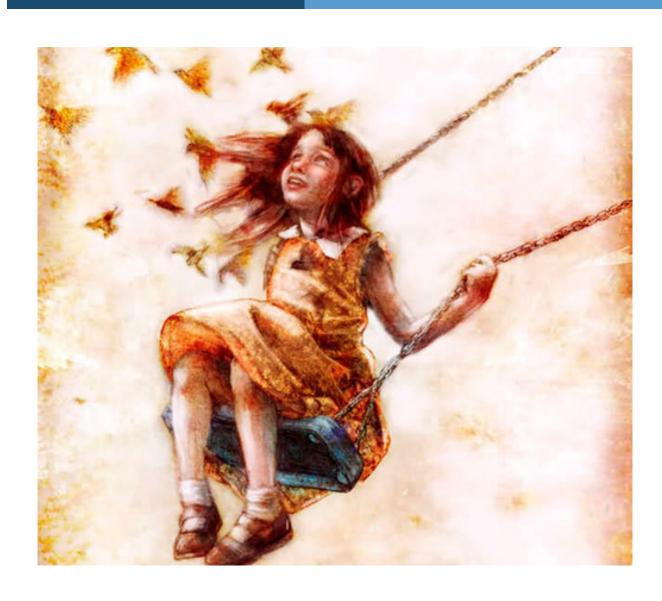
Student Corner

Life is Beautiful

Life... Everyone knows this beautiful word and they are living it. But have you ever thought what life is? How beautiful is it? I think the answer is a "no", because we are too busy with our work, our profession etc. We have no time to look at ourselves and we never realize or think about "what life is"? It just becomes a question. If you ask someone what life is, they may tell you something negative about life or share their busy schedule, but for a moment can we just sit in a corner and think about how we're losing our precious time. Everyone thinks that life is like a race and you just have to win against others. Everyone is your competitor, but no, life is such an amazing experience. You should thank god for every morning that you have a life and you are living it. Live the moment. Someone once said "Ek bar waqt gaya to dobara wapas nahi aayega", I think these lines are true. Life is something that always pushes you to live every minute, every second, making memories and feeling the air. Take a breath and look at the world around you. Just be happy with what you are and what you have. Don't be a participant in the rat race of life. Just live with joy and make every moment a memorable one. Once this life gets over then there is nothing to do. Just live in the present.

- Divya Khale
BAJMC I Year

She shines



She owes a smiley face of her
Which she usually uses in the dark,
When she is feeling helpless
She wears that fake mask,
When she starts losing herself,
Losing all hope, escaping from the
problems, just to ignore.

Yes! To ignore the fact
That she is tired from this world,
where no one could listen
To the voices of her scream
When she is crying so loud, no matter
how hard She tries to find in and out.

Everyone keeps busy in life and She tries to find someone who will listen

To her and enlighten her life out and within,

Someone to dry her cheeks when she sheds the weeping ocean.

-Twinkle Pithadia
B.Com (Hons.) I Year

Life at SICA College

One of the most interesting stages in life that gives you an opportunity to explore is the 'college phase'.

Talking about SICA COLLEGE life, I had enjoyed my college life to the fullest and had some of the best college days of my life. I was a student of one of the most reputed colleges of DAVV University and, i.e. SICA College.Built in a larger area, it is a beautiful college with many courses in streams like Science, Commerce and Arts. With outstanding academic record, an When I took admission to this college, I was really afraid as all the people were new to me. But soon, I started enjoying my college life and made some fantastic friends. I loved everything about my college and participated in the events.

One of the best things about college life is that you get a new experience every day. In my college life, along with studying, I and my friends enjoyed a lot of other things. We travelled to lots of places, had new experiences, and learned many new things. Our college's canteen was a remarkable place in my college life as whenever we got time, we used to chill in the canteen.

the hardest part of college life will be leaving college after graduation, knowing that soon you will be departing your friends, the campus, teachers and completely leaving behind a part of life.

- Shubhi Sen B.Com (CA) - III Year

Thankful to SICA College

Today, writing these words I have many mixed feelings. I feel honoured to say that I will respect all valuable skills and knowledge provided by SICA College and our teachers that will lead all of us to great success. I like to thank all, Principal Ma'am and teachers of SICA College who gave me precious knowledge and time.

I will always miss SICA College and my golden days that I spent at SICA College.

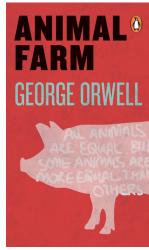
> - Kashif Quraishi B.Com (CA) - III Year

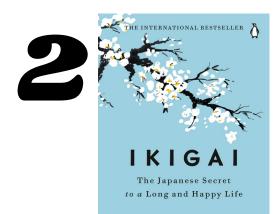


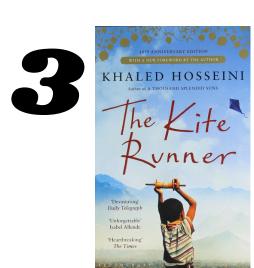
THINGS END.
BUT MEMORIES
BUT FOREYER!

5 Books to Read in the Year 2022

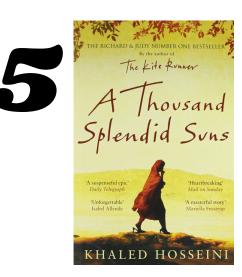












"That's the thing about books, they let you travel without moving your feet" - Jhumpa Lahiri. Books are a great source of information, knowledge, entertainment and also self-help. Reading books has a calming effect on our minds and souls. So, here are my favourite books which anyone can read or put in reading list for the year 2022. The five books are - Animal Farm (George Orwell), Ikigai (Hector Garcia and Francesc Miralles), Kite Runner (Khaled Hosseini), Mrs. Funnybones (Twinkle Khanna) and A Thousand Splendid Suns (Khaled Hosseini). These beautifully written books will have a strong imprint on your heart.

Animal Farm is a satirical novella by George Orwell which tells the story of a group of farm animals living in a Manor farm near Willingdon, England. It is about how they fight and protest for equal rights and their quest to achieve liberty for themselves. The fable is a satire because soon the idea of freedom and equality changes to dictatorship and the animal leaders who promoted the whole idea of equality are found corrupted.

Ikigai means to live a 'purposeful life'. The International bestseller by Hector Garcia and Francesc Miralles is the Japanese secret to a long and happy life, as suggested by the authors. This book promotes the idea that an individual can live a happy and peaceful life if they know their purpose in life. A beautifully written piece of work, Ikigai is just not any other novel. It tells you about a healthy lifestyle, ways to nurture friendship, dedication towards your work and the importance of having a purpose.

Kite Runner by Khaled Hosseini is one of his best narrative works of all time. There is a magic in his writing style which automatically compels the readers to read. It is the story of two friends, Amir and Hassan, their beautiful friendship and also the act of betrayal and cruelty which led to harder times for both the friends. The narration is amazing and well explained. It is a heart-warming tale of love, loss and astonishment.

Mrs. Funnybones: she's just like you and a lot like me, a non-fiction novel written by famous Indian actress Twinkle Khanna. The plot revolves around the life of the author, her daily life experiences about her family and the people around her and also her day-to-day struggles as she fulfils her duties of a mother, daughter- in- law, wife and also Interior Designer.

A Thousand Splendid Suns by Khaled Hosseini is a piece of art. This was the first book which I finished reading in just 3 days. The narration of Khaled Hosseini is at its best. Set in Kabul, Afghanistan, A Thousand Splendid Suns tells the story of two beautiful women Mariam and Laila, how their lives got tangled, and the cruelty of man in power and evil Rasheed. The story will sometimes make you smile, sometimes break your heart, but at last will prove to you that even in the darkest of times humanity still strives in some rugged corners of the world. The lives of the characters of Mariam and Laila makes one believe in the power of hope and love. A truly remarkable read for all.

These are five books that I think are very worthy reads. Apart from course books which give you immense knowledge about a particular subject, one must also read novels which provide deep introspection of thoughts and ideas. Hope you end up picking up a few of these. Enjoy.

- Ayushi Bariya BA JMC III Year

आंखों देखी

रोज की तरह वह कॉलेज जाने के लिए उठी। अभी भी आंखों में नींद थी, ये सब रात को देर से सोने का नतीजा था । बहुत बार सुबह कॉलेज जाने का मूड नहीं होता, मन होता है और देर सो जाऊं पर फिर घर वाले घर पर रहने नहीं देते और कॉलेज जाकर दोस्तों से भी तो मिलना होता है। रोज की यही कहानी। यही सब सोचते-सोचते तैयार होकर कॉलेज के लिए निकल गई। रास्ते में दोस्त को भी लेना था, ज्यादातर दिनों की तरह आज भी उसकी बस निकल गई थी। वैसे तो हम रोज इसी रास्ते से जाते हैं, बस बीच में कभी-कभी दूसरा रास्ता ले लेते हैं। कॉलेज के पास पहुंचते ही यह देखा कि वहां बहुत सारे लोग खड़े थे। इतने लोगों को एकसाथ देखकर मेरी और मेरी दोस्त ने अनुमान लगाया। क्या हुआ होगा। हमने वहां पहुंचकर रुक गए कि किसी का एक्सीडेंट हुआ होगा। आगे बढ़ते हुए हमने अपनी गाड़ी की स्पीड कम कर ली कि देखते हुए चलेंगे। आगे बढ़ते हुए हमने देखा कि सभी लोग पेड़ की तरफ देख रहे थे। वहां पुलिस भी खड़ी थी। हमने उस तरफ देखा तो मेरे होश उड़ गए। एक युवक ने वहां फांसी लगा रखी थी। वैसी ही रस्सी थी जिस पर घर में मम्मी कपड़े सुखाती है। उसका चेहरा नहीं दिखा क्योंकि हमारी तरफ उसकी पीठ थी, पर वह पीले रंग की पतली रस्सी उसके गले में चमक रही थी। शायद कह रही हो आज एक और चला गया। उसका चेहरा नहीं देखा पर मैंने शरीर से अनुमान लगा लिया कि उम्र ज्यादा नहीं थी, उसको देखने के बाद मैने बाकी लोगों की तरफ देखा तो कोई फोटो ले रहा था, तो कोई हंस रहा था। पर इस हादसे को देखकर मेरे लिए सामान्य रहना भी मुश्किल था। हमने आखिरी बार उसकी ओर देखा और कॉलेज के लिए आगे बढ़ गए। मेरी दोस्त ने मुझे बस इतना कहा कि उसके बारे में मत सोचना, भूल जा। मैंने भी हां कह दिया। पर मेरे दिमाग में चल रहा था कि यह कोई मजाक नहीं था जिसे भूल जाऊं। बार-बार यही खयाल आ रहा था कि फांसी पर लटके उस युवक ने यह आत्मघाती फैसला क्यों लिया। उसके बाद पूरे दिन कॉलेज में उसकी ही बात चलती रही। मैं कोशिश करने के बाद भी उस घटना को भूल नहीं सकी। सब उस हादसे पर अपनी-अपनी राय दे रहे थे। किसी ने कहा कि वह डरपोक था, जिंदगी से लड़ नहीं पाया तो हार मान ली। किसी ने कहा कि अपनी जान लेने का फैसला उसने क्यों किया होगा। हम में से कोई उसे जानता भी नहीं था, कि उसने ऐसा कदम क्यों उठाया। पर पूरे दिन वह हमारी बातों का हिस्सा रहा और अब तो दुखद याद का हिस्सा बन गया। क्या उसी जिंदगी की मुश्किलें इतनी बड़ी थीं कि हल नहीं हो सकती थी। उसने यह क्यों नहीं सोचा कि यह जीवन बहुत मुश्किल से मिला है और दोबारा कब मिलेगा ये किसी को नहीं पता। अरे, क्या वह और हिम्मत नहीं रख सकता था, क्या समाज में ऐसा कोई नहीं था जो उसकी मुश्किल हल कर सकता था। इन्हीं सवालों में डूबते उतरते मेरे कदमों ने घर का रुख कर दिया।

> - निधि शर्मा बीएजेएमसी - प्रथम वर्ष

सबसे प्यारी मेरी माँ



या ख़ुदा खिलकत में तेरी सबसे प्यारी मेरी मां, चोट लगती है मुझे और दिल से रोती मेरी मां

या ख़ुदा तूने दिया है मां को वो कल्ब-ए-हसीन (खूबसूरत दिल) है शरारत मेरी और हंसती है प्यारी मेरी मां

मेरी मां की भी है मां, खाला (मौसी),बहन और नाना, नानी, फिर भी करती प्यार मुझसे सबसे ज़्यादा मेरी मां

मुझसे पहले ना वो खाए मुझसे पहले ना वो सोए, फिर भी मुझसे पहले उठे क्यूं यह करती मेरी मां ■

खूब लगता हे जहां में खाना उसके हाथ का, भूख बढ़ जाती हे मेरी जब खिलाती मेरी मां

या ख़ुदा लानत हो मुझ पर करता हूं बदकारियां (मस्ती, शरारत, गुनाह)

फिर भी मुझको अच्छा कहती प्यारी अच्छी मेरी मां

छोड़ देते हैं मुझे जब तन्हा(अकेला) क़ुर्बी-क़रीब(आस-पास के,दोस्त, रिश्तेदार) के,

याद आती है मुहब्बत तेरी मुझको तेरी मेरी मां

या ख़ुदा तौफीक़ दे कहता रहे ''बिलाल'' बस, मेरी जन्नत तहत-पाए (कदमों के नीचे) अच्छी प्यारी मेरी मां

> - बिलाल शेख बीबीए - द्वितीय वर्ष

छोटे प्रयासों से होते हैं बड़े बदलाव

विद्यार्थी जीवन कई मायनों में अहम है। विद्यार्थी जिस संगत में रहेगा उसी का प्रभाव जीवन भर उस पर दिखाई पड़ेगा। ऐसे में यह जरूरी हो जाता है कि किसी भी व्यक्ति को विद्यार्थी या छात्र जीवन में सकारात्मक लोगों के बीच रहना चाहिए। विद्यार्थी जीवन में ही उसे समाज की कुप्रथा और समाज के भीतर की नकारात्मकता को दूर करने का प्रयास भी शुरू करना चाहिए। विद्यार्थी अपने समय का सकारात्मक इस्तेमाल कर समाज में कई बड़े बदलाव ला सकते हैं। कुछ गतिविधियां कर विद्यार्थी सकारात्मक बदलाव ला सकते हैं।

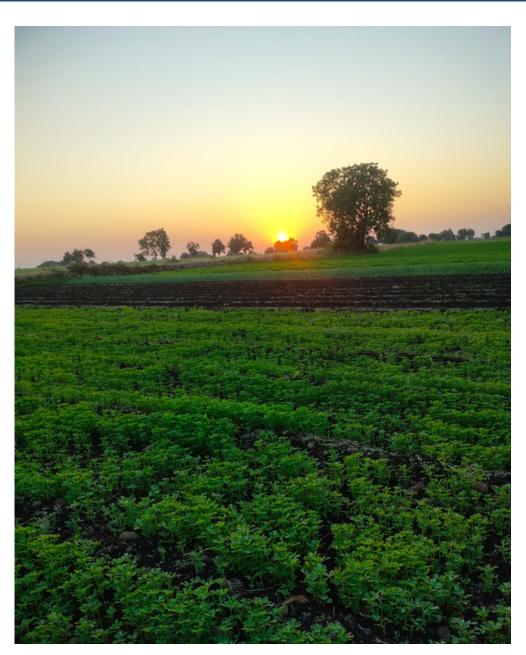
1. स्वयं में बदलाव: समाज को बदलने के पहले यह जरूरी है कि हम अपने आप को बदलें। हम समाज में बदलाव करने के पहले खुद आत्म

चिंतन कर अपनी बुराइयों को पहचानें और उन्हें दूर करने का प्रयास करें।

- 2. वृक्षारोपण: आधुनिकता की चकाचौंध में हम अपनी प्रकृति के साथ ही खिलवाड़ करने लगे। लगातार पेड़ों की कटाई से धरती का तापमान बढ़ रहा है। पर्यावण के क्षरण से प्रदूषण भी बढ़ रहा है। प्रदूषण को कम करने में वृक्ष अहम भूमिका निभाते हैं, इसलिए हम वृक्षों को बचाने का प्रयास करें और पौधारोपण करें।
- 3. रक्त दान: कुछ बीमारियों के कारण बहुत से लोगों में रक्त की कमी हो जाती है, ऐसे में उन्हें अतिरिक्त रक्त चढ़ाकर उनकी जान बचाई जाती है। यह रक्त ब्लड बैंक से मिलता है, इसलिए ज्यादा से ज्यादा विद्यार्थियों को रक्तदान करना चाहिए ताकि ब्लड बैंक में पर्याप्त रक्त उपलब्ध रहे। 18 वर्ष से अधिक के लोग रक्तदान कर सकते हैं। विद्यार्थी लोगों को रक्तदान के प्रति जागरूक करें। कहीं पर ब्लड डोनेशन कैंप आयोजित हो तो उसमें वालेंटियर के रूप में मदद करें।
- 4. जरूरतमंदों की मदद: हमें चाहिए कि हम हर जरूरतमंद की हरसंभव मदद करें। मदद सिर्फ धन या जरूरी वस्तु की नहीं होती। मदद के तौर पर आप किसी को सही सलाह भी दे सकते हैं। यदि आपको कोई कौशल (स्किल) आता है तो आप दूसरे व्यक्ति की उस कौशल से भी मदद कर सकते हैं। बड़े बदलाव की शुरुआत छोटे प्रयासों से ही होती है। इन कुछ सकारात्मक कदमों से समाज में बड़े बदलाव आ सकते है।

- अदनान अली बीएजेएमसी - तृतीय वर्ष

गांव में है सुकून और शांति, चलो गांव की ओर...



फोटोः दुर्गाशंकर राठौड़

गांव को शहर से ज्यादा शांत और शुद्ध माना जाता है क्योंकि गांव के लोग प्रकृति के अधिक निकट रहते हैं। गांव में भले ही सुविधाएं कम होती हैं, लेकिन गांव में रहने वाले लोग सुकून और शांतिमय जीवन जीते हैं। शहर में रहने वाले लोग सुकून के लिए अपने गांव आते हैं। गांव का सादा जीवन और ताजा हवा से दिल खुश हो जाता है। खेत और हवा की ताजगी से मन शांत हो जाता है। आज मुझे गांव अपना और शहर अनजान महसूस हुआ। कुछ मजबूरियां होती हैं, नहीं तो कौन अपने गांव को छोड़कर शहर जाना चाहता है।

> - दुर्गाशंकर राठौड़ बीएजेएमसी - द्वितीय वर्ष

कलम है ज़िंदगी मेरी

मेरी ज़िन्दगी की कलम यह गुरुर है मेरा रुतबा है मेरा यही सब कुछ है मेरी। जो लिखदे वो ज़िंदगानी है मेरी।

यह कलम नहीं ताकत है मेरी। जो इस पर चलदे उसके लिये यह कहानी है। जिनके लिये जूनून है, उनके लिये कामयाबी का शिखर है।

यह ज़िन्दगी की कलम ही तो है। जो तेरी मंज़िलों को पार कर जाएगी। ख्वाबों को सच कर जाएगी। यह ज़िन्दगी की कलम ही तो है।

राहें बदल दी इस कलम ने ज़िन्दगी की मेरी। राहें बदल गई ज़िन्दगी की मेरी।

यह कलम है, ज़िन्दगी की मेरी। यह कलम ही ज़िन्दगी है मेरी।।

- ज़ोया खान बीए - प्रथम वर्ष

हम भारतीय

हिमालय से धीर है हम, हृदय गंगा का नीर है। उत्तराखंड सा पवित्र तन, सुंदरता कश्मीर है।

दया हमारी अशोक है, प्रकाश गौतम बुद्ध है। अर्जुन का तीर सधा उस ओर, जो धर्म के विरुद्ध है।

रणनीति हमारी चाणक्य है, भक्ति मीरा बाई है। मित्रता मुरलीधर कृष्ण, शक्ति लक्ष्मीबाई है।

कलम हमारी टैगोर है, विवेकानंद है धर्म हमारा। त्याग भगतसिंह, गांधी है, बिस्मिल है संघर्ष हमारा।

हिंद महासागर से शांत, प्रचंड सुनामी जैसे है। नव भारत के है हम, एक अमर कहानी जैसे है।

मस्तक हमारा कलाम है, राजनीति के अटल है हम। दुश्मन थर थर कांपे हमसे, ऐसे तेज प्रबल है हम।

-आदित्य मुकाती बीएजेएमसी - द्वितीय वर्ष

एक सपना

एक, सपने ही तो हैं जो तुम्हारे अपने हैं। जो तुमने पूरे दिल से, खुली आंखों से, खुद के लिए देखें हैं। तुम्हारे अपनों के लिए देखे हैं। पूरी जिंदगी बस यूं ही "काश" पर तो नहीं गुजार सकते, तो उठना पड़ेगा, आराम भरी जिंदगी की नींद से, मेहनत करनी होगी, भागना होगा ख्वाबों के पीछे। हां, कुछ पल ऐसे भी आएंगे जब तुम खुद को अकेले पाओगे, खुद पे सवाल करोगे, शायद खुद से नफ़रत भी होगी, लेकिन नफ़रत ही तो नहीं चाहिए ज़िंदगी में। प्यार चाहिये। तो शुरुआत खुद से करनी होगी। खुद से मोहब्बत होगी, तो अपने सपनों से भी होगी। थोड़ा खुदगर्ज भी बनोगे। लेकिन, मैं जानता हूं तुमको, तुम किसी को ठेस नहीं पहुंचा सकते, अनजाने में हो सकता है, लेकिन.. सब ठीक हो जाएगा एक दिन। तुम बस अपने सपनों का पीछा मत छोड़ना। एक दिन तुमसे रूठे भी मान जाएंगे, गिले-शिकवे मिट जाएंगे, और सबसे खास बात ये के, तुम खुश होगे। अपने आप से।

अपने सपनों से, अपनी कहानी से, अपनी कामयाबी से। बस अपनी कामयाबी की तेज़ चमक से अंधे ना हो जाना,

जब सब होगा तुम्हारे पास तो थोड़ा बांटना भी सीख लेना,

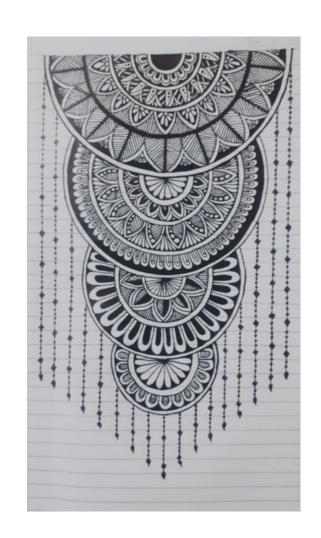
कुछ और ना सही, अपनी कहानी ही बांट लेना। तुम्हारी कहानी सुन के, कोई और, तुम्हारे जैसा ही होगा, जो इस उम्मीद से उठेगा कि तुमने कर दिखाया तो वो भी कर सकता है।

अपने सपनों की कहानी वो भी लिखेगा, किसी और के लिए, एक उम्मीद, एक सपना बनेगा।

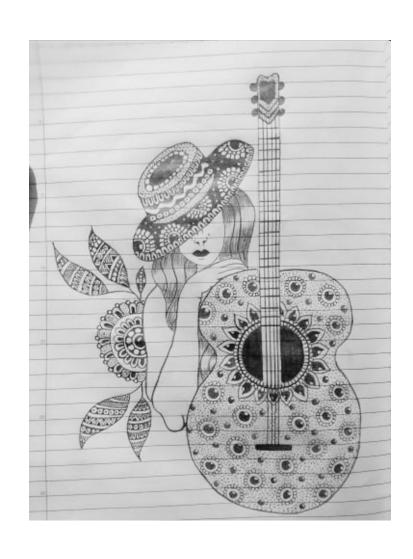
> - रोहन डावर बीएजेएमसी - प्रथम वर्ष

Mandala Art











Mandala means circle and is also known as Geometric design or pattern. It is now more often used in Art therapy, Doodle art and Decorative arts. There are so many types of pens that we use to make art like the brush nibs they are ideal for drawing strokes, the superfine nibs create crisp and the thin lines for outlining designs. A Mandala is a magic circle of Buddhism and Hinduism.

There are 5 components of a Mandala

- Symmetry
- Geometry
- color
- Number
- Intention

It's all about finding peace in the symmetry of the design and of the universe.

- Mimansa Thakur BA JMC I Year

Faculty Corner

हर पल को उत्सव की तरह जीयें

दुख में सुख खोज लेना, हानि में लाभ खोज लेना, प्रतिकूलताओं में भी अवसर खोज लेना इसे सकारात्मक दृष्टिकोण कहा जाता है। जीवन का कोई बड़े से बड़ा दु:ख नहीं जिससे सुख की परछाइयों को न देखा जा सके। जिंदगी की ऐसी कोई बाधा नहीं जिससे कुछ प्रेरणा न ली जा सके । रास्ते में पड़े हुए पत्थर को आप मार्ग की बाधा भी मान सकते हैं और चाहें तो उस पत्थर को सीढ़ी बनाकर ऊपर भी चढ़ सकते हैं। जीवन का आनंद वही लोग उठा पाते हैं जिनका सोचने का ढंग सकारात्मक होता है। इस दुनिया में ज्यादा लोग इसलिए दुखी नहीं कि उन्हें किसी चीज की कमी है अपितु इसलिए दुखी हैं कि उनके सोचने का ढंग नकारात्मक है। सकारात्मक सोचो, सकारात्मक देखो। इससे आपको अभाव में भी जीने का आनंद आ जाएगा। जीवन एक महोत्सव है, इसे प्रत्येक पल उत्सव की तरह जीयें। सकारात्मक सोच के साथ अपना लक्ष्य निर्धारित कीजिए और सुंदर लक्ष्य की और प्रतिपल अग्रसर रहिए।

> - अमृता पंडिया फैकल्टी - कंप्यूटर साइंस

कुंडली नहीं गुण देखें

विवाह

हमारा समाज आज बच्चों के विवाह को लेकर इतना अधिक सजग हो गया है कि आपस में रिश्ते ही नहीं हो पा रहे। कई लड़के-लड़िकयों की शादी इसिलए नहीं हो पा रही क्योंकि पैसा और धन के लिए अच्छे रिश्ते ठुकरा दिए जाते हैं। प्राथिमकता सुखी संसार व अच्छा घर-परिवार होना चाहिये। ज्यादा धन के चक्कर मे अच्छे रिश्तों को नजर-अंदाज नहीं करना चाहिए। संपत्ति खरीदी जा सकती है लेकिन गुण नहीं।

कुंडली मिलान के कारण भी कई रिश्ते तय नहीं हो पाते। आप सोचिए जिनके साथ कुंडली मिलती है लेकिन घर और लड़का अच्छा नहीं और जहां लड़के में सभी गुण हैं वहां कुंडली नहीं मिलती और हम सब कुछ अच्छा होने के कारण भी कुंडली की वजह से रिश्ता छोड़ देते हैं। आप सोचिए जिन लोगों के 36 में से 36 गुण भी मिल गए फिर भी उनके जीवन में तकलीफें हो रहीं हैं, क्योंकि हमने लडके के गुण नहीं देखे। कुंडली मिलान के गुण देखे।

पंडितों ने पढ़े-लिखे आधुनिक समाज को एक सदी और पीछे धकेल दिया। कुंडली मिलान के चक्कर में रिश्ते नहीं हो पा रहे हैं और कुंडली का बिजनेस आज करोड़ों रुपए का हो गया है। सुबह टेलीविजन चालू करते ही पंडित जी आपका भविष्य बताने लग जाते हैं और उनको खुद पता नहीं होता कि उनके बेटे या बेटी का भविष्य आगे क्या होगा।

आजकल समाज में लोग बेटी के रिश्ते के लिए लड़का खरा सोने जैसा चाहते हैं। उच्च शिक्षा या अच्छा जॉब भी प्राथमिकता होती है। लड़का देखने के समय कई प्रश्न भी होते हैं? खुद का मकान है कि नहीं?

अगर है तो फर्नीचर कैसा है? घर में कमरे कितने हैं? गाड़ी है की नहीं? है तो कौन सी है? रहन-सहन, खान-पान कैसा है? कितने भाई-बहन हैं? बंटवारे में मां-बाप किसके हिस्से में आए हैं? बहन कितनी हैं, उनकी शादी हुई है कि नहीं? मां-बाप का स्वभाव कैसा है? घर वाले, नाते-रिश्तेदारों आधुनिक ख्यालात के हैं कि नहीं? बच्चे का कद क्या है? रंग-रूप कैसा है? शिक्षा, कमाई, बैंक बैलेंस कितना है? लड़का-लड़की सोशल मीडिया पर एक्टिव हैं कि नहीं? उसके कितने दोस्त हैं?

यह पूछताछ पूरी होने में ही काफी समय बीत जाता है। आजकल के युवक और युवतियां उच्च शिक्षा और करियर को लेकर बड़े सचेत रहते हैं। वे तीस साल के बाद ही विवाह करने के बारे में सोचते हैं। कई युवक-युवतियां प्रेम विवाह करते हैं लेकिन यह भी जरूरी नहीं है कि सभी को प्रेम हो और सभी प्रेम विवाह करें। बड़ी संख्या में युवक -युवतियां ऐसे भी हैं जो अरेंज मैरिज करते हैं जिनके लिए उनके माता-पिता को रिश्ता ढूंढना पड़ता है। आजकल कई मैरिज वेबसाइट भी हो गई हैं जिनपर रिश्ते तय किए जाते हैं लेकिन इन मैरिज वेबसाइट पर रिश्ते तलाशते वक्त सावधान रहना चाहिए क्योंकि इसमें धोखा होने की आशंका रहती है। अखबारों में इस बारे में कई समाचार भी छपे हैं कि मैरिज वेबसाइट के माध्यम से रिश्ता किया तो बाद में लड़की या लड़के के साथ धोखा हो गया। इसलिए माता-पिता को अपने बच्चों के रिश्ते तलाशते वक्त कुंडली, धन और जाति बंधन से बहुत ज्यादा प्रभावित नहीं होना चाहिए उन्हें गुणी लड़की और गुणी लड़कों पर गौर करना चाहिए।

> - रंजना कानूनगो फैकल्टी - कॉमर्स

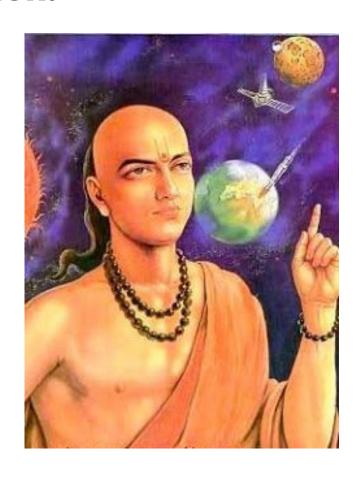
Significance of Mathematics

India has had a long pursuit with Maths and the presence of the subject in India can be traced to 3rd millennium BC.During this era, India is believed to have been involved in the study of Mathematical Astronomy and is believed to have used Mathematics and Geometry to support their research and findings.

Zero was already known to ancient Indians. India gave the world Zero and that changed the entire perspective of how Maths worked.

Brahmagupta (598-668), who was the Head of Astronomy Observatory in Ujjain, had introduced Zero to support the concept that nothingness is a reality and therefore it exists. Before Zero came into being, it was difficult to understand numbers. For instance a 205, would be written as 2 5 (with a space in between). With the introduction of Zero, Brahmaputra is believed to have made a major contribution. Once the existence of Zero was established, the concepts of negative numbers, integers, equations and other formulas subsequently evolved.

The Indus Valley civilization showed traces of Mathematics, where the sites – Harappa and Mohenjo-daro – used Mathematics developed in India to come up with some brilliant architecture. The Harappans used uniform system of weight and measures. Excavations reveal that they used scales and weights that had decimal numbers. Some of the scales had made use of inches even. The ruins of the buildings of the Harappan era reveal that units of lengths were accurately used in the construction.





Besides Architecture, Mathematics was also found to have been used in religious texts in ancient India. The Vedic texts contained Sulbasutras appendices that gave rules to construct altars. Religion played a crucial role in the astronomical studies in India as accurate calendars based on the positioning of the planets and the heavenly bodies had to be prepared for religious observances. For many centuries, Mathematics was an applied science in India and was used to solve practical problems.

Let us now take a quick look at some of the Indian mathematicians who made great contribution towards the subject. Aryabhatta was the person behind the place value systems. He used letters to signify numbers and to state qualities. He was the one who discovered the position of the nine planets and formulated the theory that the planets revolved round the sun. He dispelled the earlier belief that Dhurva Rahu caused the phases in the moon and the Parva Rahu caused eclipse by covering the moon with the modern theory of eclipses. He also came up with the correct number of days in a year. Apart from Astronomy, he is credited to have laid down the procedures for Algebra, Arithmetic, Trigonometry and Geometry and to also have given 3.1416 as the value of Pi.

Bhaskara is the one who came up with this concept that anything divided by zero is infinity. And infinity added to any number or vice versa is also infinity.

Srinivas Ramanujan, a much celebrated Mathematician of the twentieth century, developed a formula for partitioning any natural number. He expressed integers as the sum of cubes or squares or higher power of integers.

India's contribution towards Maths has been immense and it can be easily summed in this quote by Physicist and Philosopher of Science Albert Einstein. "We owe a lot to the Indians who taught us how to count, without which no significant scientific discovery could have been made."

- Dr. Sandhya Gupta Faculty - Mathematics

"An equation means nothing to me unles it expresses a thought of God."

- Srinivasa Ramanujan

The New Age Solar Power

Solar power in India is a fast developing industry. Solar power is renewable energy. The country's solar installed capacity was 50.303 GW as of 31 January 2022. India is world's 3rd largest consumer of electricity and world's 3rd largest renewable energy producer with 38% of energy capacity installed in the year 2020 (136 GW of 373 GW) coming from renewable sources.

India initiative the International Solar Alliance (ISA) is now an alliance of 121 countries. India was world's first country to set up a ministry of non-conventional energy resources (Ministry of New and Renewable Energy (MNRE) in early 1980s). Solar Energy Corporation of India (SECI), a public sector undertaking, is responsible for the development of solar energy industry in India.



Solar panel on the roof of Shirdi Sai Temple.

Solar energy is radiant light and heat from the Sun that is harnessed using a range of technologies such as solar power to generate electricity, solar thermal energy including solar water heating, and solar architecture. There are many advantages of solar power. It is eco-friendly and never creates pollution. The large magnitude of solar energy available makes it a highly appealing source of electricity. Solar energy is also cheaper than fossil fuels.

Solar power is efficiently used in many areas. This solar power is used in a successful way in Shirdi Sai Temple & Tirupati Devasthanam kitchen at Tirupati, which draws thousands of devotees every day. They have set a great example by tapping solar energy for their public kitchens. Shirdi Sai Temple has one of world's largest Solar System Projects for community cooking installed in 2014.

It is is powered by 73 large discs of solar panels. Food is cooked for more than 25000 individuals every day in the mega kitchen. More than 2 tonnes of rice is cooked through this plant every day, saving cooking gas of up to Rs. 20,000. At the solar-operated Tirumala Tirupati Devasthanam kitchen at Tirupati, where food is cooked daily for 15,000 pilgrims, the Nitya Annadandam Canteen adopted solar cooking technology in 2002. It is a good step as they have gone green, using solar energy rather than traditional fuel.

In this context it is important to mention that there are people working to create awareness about the uses of solar energy and sustainable development. Students of SICA College went to visit Jimmy McGilligan Centre for Sustainable Development which is run by Padma Shree awardee Janak Palta McGilligan and took some valuable tips and advice from her.

- Mrs. Pratibha Saraswat
Faculty - Englist Literature

"Solar power is sure, pure & secure."

- PM Narendra Modi



SICA COLLEGIE

Nipania Main Road, Near ISKCON Temple, Indore

Phone: 88717 29595 / 0731 2974255 www.sicacollegeindore.com

SICA College Digital Connect



https://www.facebook.com/SICACollege



https://instagram.com/sicacollegeindore



https://twitter.com/CollegeSica



https://www.linkedin.com/company/sica-college

This E-magazine Reflections is published by the Department of Journalism & Mass Communication in association with the Department of Arts. This valuable publication is the opportunity that students require to show their creative talents. This college magazine is the window of the activities of the college.

We would like to express our deep gratitude to our Management and Principal for their constant support and encouragement.